

Level 7/8/9

LEVEL 7: SEVEN TO TEN 1.5/HR LESSONS PER WEEK (6 REQUIRED) - BLACK CAMISOLE LEOTARD WITH YELLOW ALIGNMENT BELT

LEVEL 8: SEVEN TO TEN 1.5/HR LESSONS PER WEEK (7 REQUIRED) - BLACK CAMISOLE LEOTARD WITH RED ALIGNMENT BELT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:15 AM						11:15-1:00
11:30 AM						STRETCH
11:45 AM						& TECHNIQUE
12:00 PM						
12:15 PM		*PLEASE MAKE SURE TO SIGN UP FOR YOUR CORRECT POINTE LEVEL				SCB + JR
12:30 PM						COMPANY CLASS**
12:45 PM		**MANDATORY FOR COMPANY MEMBERS - CLASSES COUNT AS TECHNIQUE ADDITIONAL REHEARSALS MAY BE ADDED AS NEEDED				AD
1:00 PM						1:00-2:00
1:15 PM						POINTE 2-4
1:30 PM						
1:45 PM						AD
2:00 PM						
2:15 PM						
2:30 PM						2:30-4:30
2:45 PM						SCB REHEARSAL**
3:00 PM						
3:15 PM						
3:30 PM						
3:45 PM						
4:00 PM			4:10-4:40			
4:15 PM			STRETCH			
4:30 PM	4:30-6:00	4:30-6:00	AD	4:30-6:00	4:30-6:00	
4:45 PM	TECHNIQUE	TECHNIQUE	4:45-6:15	TECHNIQUE	SCB	
5:00 PM		& VARIATIONS	POINTE 2-4		COMPANY	
5:15 PM			(TECHNIQUE)		CLASS**	
5:30 PM						
5:45 PM	RS	RK		PL	LY	
6:00 PM	6:00-6:30		AD			
6:15 PM	ADV POINTE* - RS		6:15-7:30	6:15-7:30	6:15-8:30	
6:30 PM			CHARACTER	FLOWERS	SCB REHEARSAL**	
6:45 PM	6:45-7:10			REHEARSAL		
7:00 PM	PARTNERING - KA		Irina			
7:15 PM	7:00-8:15					
7:30 PM	TBD - ADVANCED					
7:45 PM	CONTEMPORARY					