

Deane Dance Center Hair Requirements

Proper hair is an important part of ballet etiquette. Hair should be pulled away from the face and neck in a high bun. Short hair must also be secured away from the face.

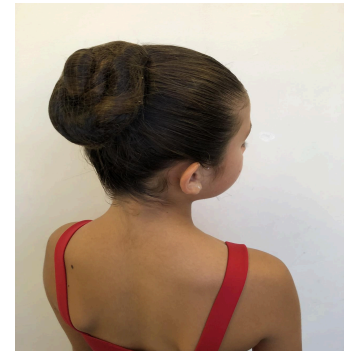
Ballet Bun:

Tools needed: *Bobby Pins, Brush, Bun Pins, Comb, Hairbands/Elastics, Hairnets, Hairspray or Hair Gel*

1. Comb out hair, making sure to smooth through any existing knots or tangles. Lightly dampen by spritzing with a spray bottle of water or smoothing down with wet hands or a comb to achieve a polished look.
2. Pull hair back into a ponytail, using a comb or brush to remove the bumps. Spray the hair with a quick-drying hairspray or apply gel to slick back stray hairs. The best height is right on the crown of your head, you should see the top of the ponytail poking up if you look in the mirror. Hair fringe and bangs must also be swept back and secured away from the face.
3. Secure the ponytail with an elastic/hairband. It is important to have a strong foundation for your bun so it doesn't fall down. Hair may require more than one elastic/hairband to ensure a solid foundation for the ballet bun. A tight ponytail ensures you have fewer wisps of hair coming free.
4. For the most secure hold, split the ponytail down the middle and build the bun in 2 parts. Simply pull the ponytail in half, then twist and wrap both halves around the base of the ponytail, securing with bobby pins and/or hairpins (bun pins) as you are wrapping. Please see tutorial at the link provided below for more details on how this is done.
5. Cover bun with a hair net that matches the hair color and secure with u-shaped bun pins.
6. Finish with hairspray and secure any remaining stray hairs with bobby pins.

Online Tutorial: For more details, please review "How to Make the Perfect Ballet Bun" at: <https://youtu.be/3yG7Hcozrf8>

Short hair: Brush and sweep hair away from face. Finish with gel or hairspray for a neat and tidy appearance.



Pro Tips:

- Spray a little hairspray onto the ponytail to create texture, this will give extra grip for bobby pins and ensure a more secure bun. This is especially helpful for fine hair.
- Bend bobby pins to the shape of the head when securing stray hairs or shorter pieces.
- Use more than one elastic/hairband at the base of ponytail for a stronger foundation.
- Bun should be flat and wide and should show slightly above the crown of the head.

Not Allowed

- Hair donuts/foam bun fillers are not allowed. They create a doorknob appearance to the bun which is unacceptable.
- Scrunchies are not allowed to secure the ponytail and should not be put around the bun.
- Hair bows are not allowed. Goal is for the dancers to look uniform and to not have any hair adornments that are distracting. A small decorative hair pin is acceptable.