Deane Dance Center - Home of Sacramento Ballet Founders Deane & Barbara Crockett & Principal San Francisco Ballet Dancers Don & Allyson (Deane) Schwennesen

Level 7/8/9

SEVEN TO TEN CLASSES PER WEEK (6 TECHNIQUE REQUIRED - POINTE COUNTS) - Syllabus by Deane & Barbara Crockett

LEVEL 7: BLACK CAMISOLE LEOTARD WITH YELLOW ALIGNMENT BELT

LEVEL 8: BLACK CAMISOLE LEOTARD WITH RED ALIGNMENT BELT

LEVEL 9: RED CAMISOLE LEOTARD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 AM						**10:00-11:30** **LEVEL 6 & UP BALLET TECHNIQUE** Studio 3 RK
10:15 AM						
10:30 AM						
10:45 AM						
11:00 AM						
11:15 AM						
11:30 AM						**11:30-12:30** **POINTE 2 & 3*** Studio 3 RK
11:45 AM						
12:00 PM						
12:15 PM						
12:30 PM						**12:30-1:30** **LEVEL 6-9** CONTEMPORARY - EE Studio 3
12:45 PM		****MANDATORY FOR COMPANY MEMBERS - CLASSES COUNT AS TECHNIQUE ADDITIONAL REHEARSALS MAY BE ADDED AS NEEDED**				
1:00 PM						
1:15 PM						
1:30 PM						**1:30-2:00** ***SCB LUNCH***
1:45 PM						
2:00 PM						**2:00-5:30** *SCB & SCB JR. COMPANY REHEARSAL*
2:15 PM						
2:30 PM						
2:45 PM						
3:00 PM						
3:15 PM						
3:30 PM						
3:45 PM						
4:00 PM						
4:15 PM						
4:30 PM	**4:30 - 6:30 PM** **LEVEL 6 & UP BALLET TECHNIQUE & POINTE** Studio 3	**4:30 - 6:30 PM** **LEVEL 6-9 BALLET TECHNIQUE & VARIATIONS** Studio 3 RK	**4:30 - 5:00 PM - FREE STRETCH LEVEL 3-9**	**4:30 - 6:00 PM** **LEVEL 4 & UP BALLET & CHARACTER** Studio 4 IK	**4:30-6:00 PM** **SCB COMPANY CLASS**** Studio 3 LY	
4:45 PM						
5:00 PM			**5:00-6:30** **POINTE 1/2/3*** (Counts as Technique) Studio 3 AD			
5:15 PM						
5:30 PM						
5:45 PM						
6:00 PM		**6:00-7:00** **HIP-HOP** Studio 3 TW			**6:00-8:00 PM** *SCB REHEARSAL* **Jrs. start 7:00*	
6:15 PM	RS					
6:30 PM			**6:30-7:45** *SCB Rehearsal/ Waltz of the Flowers*			
6:45 PM	**6:45 - 7:10 PM** **PARTNERING** Studio 3 KA					
7:00 PM						
7:15 PM						
7:30 PM						
7:45 PM						