Deane Dance Center - Home of Sacramento Ballet Founders Deane & Barbara Crockett & Principal San Francisco Ballet Dancers Don & Allyson (Deane) Schwennesen

Level 6 - Black Leotard with Lavender Alignment Belt

RECOMMENDED SIX CLASSES PER WEEK (MINIMUM 5 TECHNIQUE REQUIRED, POINTE & BALLET/CHARACTER COUNT) - Syllabus by Deane & Barbar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 AM						**10:00 - 11:30 PM** **LEVEL 6 & UP** **BALLET TECHNIQUE** Studio 3 RK
10:15 AM						
10:30 AM						
10:45 AM						
11:00 AM						
11:15 AM		***PLEASE MAKE SURE TO SIGN UP FOR YOUR CORRECT POINTE LEVEL**				
11:30 AM						**11:30 - 12:30 PM** **POINTE 2-3*** Studio 3 RK
11:45 AM		****MANDATORY FOR COMPANY MEMBERS - CLASSES COUNTED AS TECHNIQUE - ADDITIONAL REHEARSALS MAY BE ADDED AS NEEDED**				
12:00 PM						
12:15 PM						
12:30 PM						**12:30-1:30 PM** **LEVEL 6 & UP** **CONTEMPORARY** Studio 3 - EE
12:45 PM						
1:00 PM						
1:15 PM						
1:30 PM						***1:30-2:00 PM*** ***SCB Lunch***
1:45 PM						
2:00 PM						**2:00-5:30** *SCB / JR. COMPANY* *REHEARSAL***
2:15 PM						
2:30 PM						
2:45 PM						
3:00 PM						
3:15 PM						
3:30 PM						
3:45 PM						
4:00 PM						
4:15 PM						
4:30 PM	**4:30 - 6:30 PM** **LEVEL 6 & UP** **BALLET TECHNIQUE & POINTE** Studio 3 RS	**4:30 - 6:00 PM** **LEVEL 6-9** **BALLET TECHNIQUE & VARIATIONS** Studio 3 RK	**4:30 - 5:00 PM** **STRETCH LEVEL 3-9 - FREE**	**4:30 - 6:00 PM** **LEVEL 4 & UP** **BALLET & CHARACTER** Studio 4 IK	**4:30-6:00 PM** **SCB COMPANY CLASS**** Studio 3 LY	
4:45 PM						
5:00 PM			**5:00- 6:30 PM** **POINTE 1/2/3*** (Counts as technique) Studio 3 AD	**5:00- 6:30 PM** **LEVEL 4 & UP** **TECHNIQUE** Studio 4 PL		
5:15 PM						
5:30 PM						
5:45 PM						
6:00 PM		**6:00-7:00 PM** **HIP HOP** Studio 3 TW		**6:15 - 7:00 PM** **POINTE 1 & 1/2** Studio 4 AD	**6:00-8:00 PM** *SCB REHEARSAL* **Jrs start at 7:00*	
6:15 PM						
6:30 PM			**6:30 - 7:45 PM** *SCB Rehearsal/* *Waltz of the Flowers* Studio 3			
6:45 PM	**6:45 - 7:10 PM** **PARTNERING** Studio 3 KA					
7:00 PM						
7:15 PM						
7:30 PM						