**Deane Dance Center** - Home of Sacramento Ballet Founders Deane & Barbara Crockett & Principal San Francisco Ballet Dancers Don & Allyson (Deane) Schwennesen

# Level 4a - Burgundy Leotard

**RECOMMENDED FOUR CLASSES PER WEEK (MINIMUM 3 TECHNIQUE REQUIRED) -** Syllabus by Deane & Barbara Crockett

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 12:30 PM | | | | | | |
| 12:45 PM | | | | | | |
| 1:00 PM | | | | | | |
| 1:15 PM | | | | | | |
| 1:30 PM | | ***MANDATORY CLASS FOR COMPANY MEMBERS** | | | | **1:30-3:00 PM** **LEVEL 4a/4ab** **BALLET TECHNIQUE** Studio 4 |
| 1:45 PM | | | | | | |
| 2:00 PM | | | | | | |
| 2:15 PM | | | | | | |
| 2:30 PM | | | | | | |
| 4:00 PM | | | | | | |
| 4:15 PM | | | | | | |
| 4:30 PM | **4:30 - 6:00 PM** **LEVEL 4 & 5** **BALLET TECHNIQUE** Studio 4 LY | **4:30 - 6:00 PM** **LEVEL 4 & 5** **BALLET TECHNIQUE** Studio 4 LY | **4:30 - 5:00 PM - FREE** **STRETCH LEVEL 3-9** | **4:30-6:00** **LEVEL 4 & UP** **BALLET & CHARACTER** Studio 4 IK | | |
| 4:45 PM | | | | | | |
| 5:00 PM | | | **5:00 - 6:30 PM** **LEVEL 4 & UP** **BALLET TECHNIQUE** Studio 4 PL | | | |
| 5:15 PM | | | | | | |
| 5:30 PM | | | | | | |
| 5:45 PM | | | | | | |
| 6:00 PM | | **6:00-7:00 PM** **LEVEL 4 & 5** **MOD/CONTEMPORARY** Studio 4 - EE | | | | |
| 6:15 PM | | | | | | |
| 6:30 PM | | | | | | |
| 6:45 PM | | | | | | |
| 7:00 PM | | **7:00-7:30** **PETITE CO.*** - EE | | | | |
| 7:15 PM | | | | | | |
| 7:30 PM | | | | | | |