**Deane Dance Center** - Home of Sacramento Ballet Founders Deane & Barbara Crockett & Principal San Francisco Ballet Dancers Don & Allyson (Deane) Schwennesen

# Level 3 - Teal Leotard

**RECOMMENDED THREE BALLET CLASSES PER WEEK (MINIMUM 2 REQUIRED) -** Syllabus by Deane & Barbara Crockett

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 12:45 PM | | | | | | |
| 1:00 PM | | | | | | **1:00 - 2:15 PM** |
| 1:15 PM | | | | | | **LEVEL 3** |
| 1:30 PM | | | | | | Studio 1 |
| 1:45 PM | | | | | | |
| 2:00 PM | | | | | | KA |
| 2:15 PM | | | | | | |
| 2:30 PM | | | | | | |
| 3:45 PM | | | | | | |
| 4:00 PM | | | **4:10 - 4:40 PM** | | | |
| 4:15 PM | | | **STRETCH LEVEL 3-9** | | | |
| 4:30 PM | | | EE | | **4:30 - 6:00 PM** | |
| 4:45 PM | | | **4:45 - 6:15 PM** | | **LEVEL 3 & 4a** | |
| 5:00 PM | | | **LEVEL 3** | | Studio 3 | |
| 5:15 PM | | | Studio 1 | | | |
| 5:30 PM | **5:30 - 6:45 PM** | | | | | |
| 5:45 PM | **LEVEL 3** | | EE | | DS | |
| 6:00 PM | Studio 1 | | | | | |
| 6:15 PM | | | | | | |
| 6:30 PM | KA | | | | | |
| 6:45 PM | | | | | | |